

Live Well

Come to our 'Over 50's' Coffee, Cakes and Time to Talk Sessions

Learn more about exciting events starting at Hartspring Lane very soon!



Is there anything you'd like to do, but don't know where to start?

- Be more involved in the community?
- Meet people?
- Get fit and learn about healthy lifestyles?
- Learn a new skill or access training?



Then come along for a coffee and chat!

Hartspring Lane Community Centre,
336 Park Avenue,
Bushey, WD23 2BJ

Wednesdays 12.30pm - 2.30pm
Starting 11 March

For more information call / text Joy Nicholl on 07535 781401
or e-mail joy@communityactionhertsmere.org

