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Health & Wellbeing

Coronavirus Volunteering Opp..

# Coronavirus Volunteering Opportunities, Help and Support



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## If you want to Volunteer to help those in need

Communities 1<sup>st</sup> have set up the [Compassionate Community Connector](#) programme for people who are healthy and at low risk and who wish to help others in the local area.

If you would like to volunteer, please sign up to the programme using the online form

[Sign up to be a COVID-19 Community Volunteer](#)

or by phone: 020 3940 4865 between 1pm – 3pm, Monday to Friday. There are a range of volunteer roles available.

## Help and Support

Information for local people in need of help and support can be found in the [Hertsmere Community Support Leaflet](#) (PDF, 558kb)

## If you need help and support and are self-isolating

If you need help (shopping, dog walking/pet hosting, telephone tech support for online shopping or using Skype/FaceTime etc) whilst isolated, you (or someone on your behalf) can complete an online form.

[Request Covid-19 Community support](#)

Compassionate Communities COVID-19 SIGN UP TO VOLUNTEER



## Volunteer Roles

<b>Shopper Order Taker</b> Liaise with user to establish a basic regular order	<b>Shopper Order Picker</b> Picks order at supermarket from pre populated list	<b>Digital Champion</b> Provide training via telephone to allow user to set up an online accounts
<b>Call handlers</b> To support the processing of incoming sign-ups for CCC	<b>Volunteer brokers</b> To help facilitate the coordination and allocation of CCC volunteers	<b>Postcard Pal</b> To send drawings and postcards to care homes
<b>Dog Walkers/Pet Sitters</b> People willing to walk, feed or look after pets for people in isolation	<b>Street Champions</b> To look after local residents in your community	<b>Befriender</b> To provide support to clients by telephone

Tel: 020 3940 4865 (Monday – Friday 1pm – 3pm)

@communities1st

[volunteer@communities1st.org.uk](mailto:volunteer@communities1st.org.uk)

[www.communities1st.org.uk](http://www.communities1st.org.uk)



Covid-19 Compassionate Community Connector Programme

## Do you need help with....

### Shopping

Email or call us with your shopping list, and we'll arrange for someone to do this shopping and one of our staff or trusted volunteers will deliver it to your door

### Telephone Befriender

Feeling lonely or isolated at this difficult time? Let us know and we'll arrange for someone to give you a call

### Dog Walking/Pet Sitting

Can't get out? or need to go into hospital? Need someone to look after your pet? Let us know and we'll see what we can arrange

### Postcard Pal

Would you like to receive a message from a child home from school who would like to exchange postcards/letters? Get in contact

### Telephone Tech Support

Want to video chat with your family through Skype or Facetime? Need to know how to set up online shopping orders? Call our friendly phone tech support volunteers to help you gain confidence with your tech

Or would you like a friendly conversation during the week?

We're here to help

Please call 020 8207 5115, email [help@communities1st.org.uk](mailto:help@communities1st.org.uk)  
[www.communities1st.org.uk/covid19support](http://www.communities1st.org.uk/covid19support)

call by phone on 020 8207 5115 or  
email [help@communities1st.org.uk](mailto:help@communities1st.org.uk).

You will then be either matched with one of the Compassionate Community Connector volunteers, offered support immediately or signposted/referred on to a local voluntary/community organisation.

Hertfordshire residents who need help or know someone who needs help can also visit [HertsHelp](#) or call them on 0300 123 4044

## If you need help from Citizens Advice

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Citizens Advice are unable to offer a face to face service at the current time but are still operating via email and over the phone.

If you are a Hertsmere resident please call on 0208 167 2859 during normal opening hours or email at [elstreeadvice@hertsmerecab.org.uk](mailto:elstreeadvice@hertsmerecab.org.uk) Please leave a telephone number on your email so that the service can call you back.

If you are a Hertfordshire resident you can also call on 03444 111 444 or 0300 3300 650 if you are calling from a mobile. Advisers will be taking calls from 9am – 5pm Monday to Friday on this number.

## Families in receipt of Free School Meals

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Families who are in receipt of free school meals can attend additional sessions at Borehamwood Foodbank during the coronavirus outbreak.

The charity is offering qualifying families a lunchtime service from 11am until 1pm every Wednesday at St Teresa's Church Hall in Shenley Road while schools are closed. Cold packed lunches are available for families to take-away during the school term, while lunch packs with ingredients for hot meals will be available over the Easter break.

Other lunchtime sessions are continuing to be offered Monday from 1pm until 3.30pm and Thursday from 10am until 12.30pm for anyone else who has been referred to the foodbank by our housing support team or another local agency or charity, such as Citizens Advice, children's centres and health visitors.

*Anyone attending the sessions will be asked to follow the latest strict social distancing measures and remain two metres from anyone not in their household.*

## Supporting the Voluntary/Community Sector

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**Can your organisation be contacted by local residents**

needing help?

**Can your organisation make use of additional volunteers?**

**Can Communities 1<sup>st</sup> signpost people to your organisation?**

If you are a voluntary sector organisation who needs help or can offer support, please complete the form

Are you a voluntary organisation willing to help or need help with COVID-19?

If a group or local organisation would like to discuss anything, please email [memberservices@communities1st.org.uk](mailto:memberservices@communities1st.org.uk) or phone us on 01727 743018

For more information see:

<https://www.communities1st.org.uk/Covid-19Updates>

Communities 1<sup>st</sup> is working in partnership with Broxbourne & East Herts and Welwyn Hatfield Volunteer Centres and #TeamHerts Volunteering

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