



Healthy Hub



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Our Healthy Hubs are now back open offering help and support on a range of health and wellbeing matters in a safe and Covid-secure way. Drop-ins are welcome at 96 Shenley Road, The Wyllyotts and The Community Hub as long as visitors follow the guidance to keep themselves, staff and other customers safe.



Bookable appointments are also available either online or phone-in services. For further information, see the details listed below.

Please comply with the following rules when visiting one of our hubs: wear a face covering; use the hand sanitiser available or wash your hands regularly and for longer and follow the social distancing rule.

*** If you are experiencing any Covid-19 symptoms please DO NOT visit the hubs. ***

If you would prefer to enquire online and allow one of our Healthy Hub Advocates to contact you, please fill out [this form](#) and they will be in touch. Alternatively, visit our [Healthy Hub Self Service page](#) to access the services you need right away.

A monthly Healthy Hub newsletter goes out to residents in Hertsmere which shares local projects and national health and wellbeing news. Sign up to our [Healthy Hub newsletter](#) to receive health and wellbeing updates. View our latest

 [Healthy Hub newsletter](#).

Please see attached our new [Health in Hertsmere Map](#) and [Local Support Flyer](#) that highlights all the key services available in Hertsmere.

If you have visited one of our hubs recently please take a minute to complete our Customer Feedback Survey:

<https://surveys.hertfordshire.gov.uk/s/HertsmereHub/>

What is a Healthy Hub?

- A Healthy Hub is a one stop shop providing information, advice, and support to improve the health and wellbeing of our community.
- The hubs will provide FREE lifestyle support for individuals and their families covering mental health, physical activity, weight management, smoking cessation, health MOTs and nutritional advice.

Where are the hubs in Hertsmere and how do I contact them?

1. The Community Hub, 5 Leeming Road,
Borehamwood, WD6 4EE



2. 96 Shenley Road, Borehamwood, WD6 1EB



3. Wyllyotts Centre, Potters Bar, EN6 2HN



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