



Choose another section

- ^ [Home](#)
- > [Health & Wellbeing](#)
  - [Happiness, wellbeing and mental health](#)
  - [Health and Wellbeing Grant](#)
  - Healthy Hubs**
  - [Hertsmere Health and Wellbeing Partnership](#)
  - [Other health support](#)
  - [Support for older people](#)
  - [Shape Up](#)

 **News for You**  
Sign up to our e-alerts

### Twitter Feed

Tweets by [@HertsmereBC](#)

 **Hertsmere BC** [@HertsmereBC](#)

Our free kitchen caddies help you collect food waste before taking it out to your green bin. Line your caddy either with newspaper or our compostable liners. [#GreenBin](#) [#HBCRecycleRight](#) [#Hertsmere](#) Find out more about food recycling on our website: [hertsmere.gov.uk/greenbin](https://hertsmere.gov.uk/greenbin)



31m

 **Hertsmere BC** [@HertsmereBC](#)

This week we're collecting

[Embed](#) [View on Twitter](#)

[Home](#) > [Health & Wellbeing](#)

# Healthy Hubs



Last Modified January 06, 2020

[Share this page](#)

## What is a Healthy Hub?

- A Healthy Hub is a one stop shop providing information, advice, and support to improve the health and wellbeing of our community.
- The hubs will provide FREE lifestyle support for individuals and their families covering mental health, physical activity, weight management, smoking cessation, health MOTs and nutritional advice.



## Where are the hubs in Hertsmere and how do I contact them?

1. **The Community Hub, 5 Leeming Road, Borehamwood, WD6 4EE**
2. **96 Shenley Road, Borehamwood, WD6 1EB**
3. **Wyllyotts Centre, Potters Bar, EN6 2HN**

[Comments, compliments and complaints form](#)

[↑ Back to top](#)



