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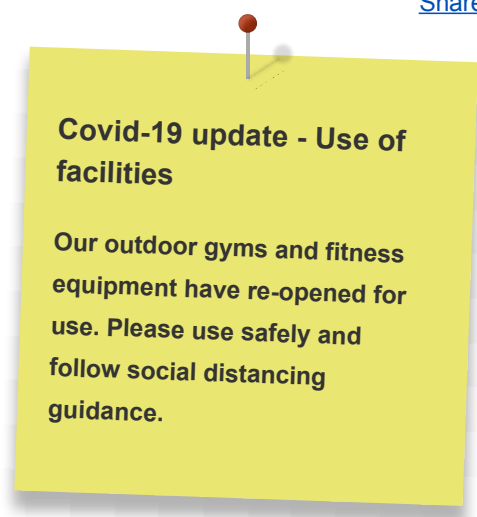
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Gyms

We have [outdoor gyms](#) at Aycliffe Park, Ripon Park and Meadow Park in Borehamwood, Parkfields in Elstree, King George Recreation Ground and the Moatfield in Bushey and Oakmere Park and Willow Way Open Space in Potters Bar. Great ways to get fit for free in the fresh air!

Running routes

At Oakmere Park and Parkfield in Potters Bar and in King George Recreation Ground in Bushey there are 1km running routes - follow the red marker posts and beat your time!



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