Coronavirus COVID-19

# Community Leaflet

Communities 1st
Working with you to make a bigger difference
Hertsmere

## Covid-19 Compassionate Community Connector Programme

Communities 1st, in partnership with Hertsmere Borough Council, #TeamHerts and a range of other local charities, community groups, public sector organisations and businesses who are pulling together with the aim of supporting our local community amid the COVID-19 outbreak. We focus on providing much needed practical resource and support to anyone that requires helping during these challenging times.

We recognise that whilst COVID-19 may affect everyone, there are some people who are at greater risk than others. Our team of volunteers can help you with:

- ✓ Shopping
- ✓ Dog walking/Pet sitting
- ✓ Signposting you to other services
- ✓ Collection of prescriptions
- ✓ Or a friendly conversation if you're feeling lonely.

Your safety is of paramount importance to us. If you are in any doubt about whether someone is being genuine and claims to be a member of our group and you would like to be reassured, please contact us on any of the details below.

**To access support:**

| | | |
|---|---|---|
| **Communities 1st** | **020 8207 5115** | help@communities1st.org.uk |
| (9am – 4pm, Mon-Fri) | | www.communities1st.org.uk/covid19support |
| **HertsHelp** | **0300 123 4044** | info@hertshelp.net |

**To volunteer:** www.communities1st.org.uk/COVID-19-community-signup

Communities 1st and its partners want to support the most vulnerable with errands, information distribution and emotional comfort. If you require medical attention or up-to-date information on the Coronavirus, please visit the NHS website www.nhs.uk/conditions/coronavirus-covid-19

HERTSMERE

#TEAMHERTS VOLUNTEERING

Volunteer Centre Hertsmere & St Albans

Registered Charity No. 1187164. A Company Limited by Guarantee. Registered in England under No. 11875362.
The Centre for Voluntary Services and Volunteer Centre are services provided by Communities 1st

# Organisations who are supporting our local community amid the COVID-19 outbreak

**HertsHelp** **0300 123 4044** info@hertshelp.net
A network of community organisations working together to help you find independent support

**Hertfordshire Independent Living Service (HILS)** **01727 847264**
Provide a range of services to help older and vulnerable people stay healthy and independent.

**Communities 1st** **020 8207 5115** help@communities1st.org.uk
Providing help, information and advice across the districts of St Albans and Hertsmere

**Age UK Herts** **0300 345 3446** info@ageukherts.org.uk
To help make later life in Hertfordshire a fulfilling and enjoyable experience

**Citizens Advice** **020 8167 2859** elstreeadvice@hertsmerecab.org.uk
Or contact the Hertfordshire Adviceline on 03444 111 444 or from a mobile on 03000 3300 650

**Borehamwood Foodbank** **020 3583 1109** info@borehamwood.foodbank.org.uk
Helping Local People in Crisis

**Herts Mind Network** **020 3727 3600** info@hertfordshiremind.org
Creating opportunities for individuals to make choices, find their own solutions & build resilience

**Mind Crisis Helpline** **01923 256 391** **(out of hours)**

**Carers in Herts** **01992 586969** contact@carersinherts.org.uk
Provides advice, information and support to unpaid carers

**Hertsmere Mencap** **07770 746 655** info@hertsmeremencap.org.uk
Providing a voice for people with a learning disability who live in Hertsmere

**Herts Young Homeless** **03333 202 384** Info@hyh.org.uk
Empowering young people to be able to deal with the difficult situations in their lives

**Relate Hertfordshire** **0300 003 2324** Info.lnwh@relate.org.uk
A range of services to help you with your couple and family relationships

## Supporting the Voluntary/Community Sector

Communities 1st is also able to provide support to the local voluntary and community sector organisations who provide essential services to residents in the district of Hertsmere.

- Can your organisation be contacted by local residents needing help?
- Can your organisation make use of additional volunteers?
- Can Communities 1st signpost people to your organisation?

Voluntary organisations who need help or can offer support, please complete the form at: www.surveymonkey.co.uk/r/KHFFL88. Organisations can also email us memberservices@communities1st.org.uk or phone the CVS on 01727 743018